

All of our services are available to children under 5.

They are **FREE** to attend although we welcome any voluntary contribution you would like to donate.

For group descriptions and information please speak to a member of staff or visit our website. Please check out our website which contains lots of information on child development, home safety, etc. at: www.surestartexeter.org.uk
You may also find listings for local community parent/carer baby & toddler groups.



Like us on
Facebook

Like our Facebook page to receive:-

- Up to date information about the children's centres
- Details about new events
- Notifications of last minute group changes or cancellations (if necessary)

www.facebook.com/surestarteastdevon

Scan the QR code
to like our Facebook page



**Sure Start
Children's Centres**

Clyst Vale, Ottery
& Sidmouth

Summer Term



18th April - 21st July 2017

Half term 29th May - 2nd June 2017

Sidmouth Children's Centre
Chambers Close, Sidmouth,
EX10 9YL

Ottery St Mary Children's Centre
c/o Sidmouth Children's Centre

Clyst Vale Children's Centre
c/o Sidmouth Children's Centre

To contact any of the Children's Centres
Telephone 01395 576786
Email east.devon@actionforchildren.org.uk

HOW
**ACTION FOR
CHILDREN**
WORKS

in partnership with
Devon
County Council

		Clyst Vale Children's Centre	Ottery St Mary Children's Centre	Sidmouth Children's Centre
MONDAY	AM			9.30-11.00 Drop in Stay & Play with child health clinic for under 5's offering different play activities every session. Breast-feeding support available.
	PM			NEW Course Baby Massage Stage 2 course , 5 week programme, there is a requirement that you have previously completed the stage 1 course through the children's centre. For more details & to book a space please telephone Lucienne - 07811 194576
TUESDAY	AM	9.30-11.00 Drop in Weekly Stay & Play for parents/carers & their under 5's with Peer Support for breastfeeding mums and Child Health Clinic at Younghayes, Cranbrook		NEW Course Baby Massage Stage 1 course , 5 week programme, £15 charge to be paid in advance, for more details & to book a space please telephone Whipton Children's Centre 01392 464754
	PM			1.00-3.00 Adult Education 'Improve your English' provided by Learn Devon with limited childcare BOOK IN ADVANCE Please speak to a member of staff for details
WEDNESDAY	AM	NEW Course 10.00-11.00 Baby Massage Stage 1 course at Cranbrook Education Campus 5 week programme, £15 charge to be paid in advance, for more details & to book a space please telephone Whipton Children's Centre 01392 464754	9.30 – 11.00 Drop in Stay & Play for parents/carers & their under 5's with Peer Support for breastfeeding mums and Child Health Clinic At Ottery Station, Mill Street, EX11 1AH (Old Youth Club building)	10.00-12.00 Support2gether Monthly drop in group for children with additional needs 3/5 7/6 12/7
	PM	NEW Course Understanding your child's behaviour (Solihull) 10 week course at Cranbrook Education Campus BOOK IN ADVANCE Please speak to a member of staff for details or telephone Whipton Children's Centre 01392 464754 NEW Course Evening Antenatal Sessions by invitation from your midwife, at Cranbrook Education Campus		Evening Antenatal Sessions by invitation from your midwife
THURSDAY	AM	NEW Course 10.00-11.30 Here's Looking at You Baby , course for new parents & their babies at Cranbrook Education Campus BOOK IN ADVANCE Please telephone 01395 576786 for more details		
	PM			
FRIDAY	AM		All Children's Centre sessions are for under 5's	10.00-11.30 Drop in Bumps & Babes , provided jointly with the Health Team with Peer Support for breastfeeding mums and child development information for babies until crawling
	PM			